



Community Health Needs Assessment Implementation Strategy June, 2019

As a requirement of the Affordable Care Act, LifeStream prepares a triennial community health needs assessment based on a variety of community stakeholder and consumer input functions. This is the third in the series and resulted in a continuation of the ongoing theme. Consumers and Stakeholders desire increased access to behavioral health services within their community. This information resulted in our developing three goals pertinent to enhancing community health. By looking at these findings as they reflect on our hospital operations, they have assisted in clarifying LifeStream's planning for improving community behavioral health. The recommendations for improving community health include:

Lake

GOAL: Increase access to inpatient psychiatric beds by building a Crisis Stabilization Unit in Clermont.

Citrus

GOAL: Decrease barriers to accessing locally sourced behavioral healthcare for residents of Citrus County by providing a continuum of care within and across Citrus County.

Community Health Improvement Implementation Strategies

Measure/indicators for success:

Objective 1 – Increase psychiatric hospital bed availability by June 1, 2020.

Psychiatric Acute Care Beds – Open a twenty bed CSU for the South Lake community

Based on the utilization data and community input in the CHNA, LifeStream seeks to increase the number of adult and children hospital bed capacity within the Clermont area of Lake County by a total of twenty beds. The facility is envisioned to provide state supported adult and child acute care inpatient in a manner that can best utilize the space. Additionally, the newly constructed facility will provide thirty-two residential care beds for mental health and/or substance use disorder. The location of the facility will increase access to triage, screening and assessment for the south Lake community by increasing resources as well as decreasing travel time. The facility will also be an asset to community law enforcement by greatly diminishing the time requirements to process and transport citizens of the community to the only public psychiatric inpatient beds presently located in Leesburg, twenty-five miles north of Clermont. Currently LifeStream operates sixteen Crisis Stabilization Unit (CSU) beds in addition to forty-six hospital beds in Leesburg.

While the LifeStream administration has been aware of this need for the previous two years and had begun to move forward with filling this need, community stakeholders and consumers were generally unaware of the actions but greatly endorsed these plans in their questionnaires and focus groups conducted earlier this year in the CHNA preparation.

Construction is planned for completion on April 30, 2020. Obtain Certificate of Occupancy, all equipment needed for operation, recruit/ train staff during the fourth quarter of FY 19-

20. Obtain on-site inspection of the facility by the Department of Children and Families to allow designation of the site as a Baker Act Receiving Facility. Expansion to go on line on June 1, 2020.

Goal 2 – Provide a comprehensive array of behavioral health services accessibility to Citrus County by June 30, 2021.

LifeStream obtained the opportunity to serve the Citrus County community through the award of State of Florida funding provided by competitive bid offered by Lutheran Services Florida Health System (LSF) within the fiscal year of FY 18-19. LifeStream has developed short- and long-term action plans with the input of Citrus County stakeholders and citizens. To date LifeStream has opened outpatient mental health and substance use disorder clinics in Lecanto and Crystal River, respectively. LifeStream is also working with the Citrus County School Board to bring Clinical Services On Site (CSOS) into a number of Citrus community public schools. These services are evidence based therapeutic services which greatly reduce the potential for children to need more invasive and costly inpatient based care. However, additional services are needed to address the lack of community located access to inpatient psychiatric care. LifeStream will progressively address this community deficient in the coming years.

Initially LifeStream will secure a locally based Access Center for the triage, screening and assessment of individuals needing voluntary or involuntary inpatient acute psychiatric care

Specific action steps to accomplish this goal include:

Identification, lease or purchase of a suitable facility within the Inverness community for renovation to become an Access Center. Completion date for opening such a resource within Citrus County in October 1, 2019.

Identification, lease or purchase of ground for building or a facility for a Crisis Stabilization Unit in a central location of Citrus County. Construction is planned for completion on April 30, 2021. Obtain Certificate of Occupancy, all equipment needed for operation, recruit/ train staff during the fourth quarter of FY 20-21. Obtain on-site inspection of the facility by the Department of Children and Families to allow designation of the site as a Baker Act Receiving Facility. Expansion to go on line on June 1, 2021.

Goal 3 – Enhance marketing strategies and abilities to ensue that consumers and stakeholders are aware of the array of LifeStream services within their community.

Enhance marketing efforts to Citrus County consumers and stakeholders to increase awareness of opening facilities and programs.

Systematically increase stakeholder and referral source understanding of the LifeStream website as the comprehensive source of all treatment service information. Develop a marketing plan to include Speakers Bureau and Community Fair attendance by December 30, 2019.