



March 27, 2020 – UPDATE

LifeStream Provides Support for Community During COVID-19

LifeStream is committed to fulfilling our mission of “*Creating Hope, Supporting Recovery and Promoting Health*” every day of the year, and the importance of our work is even more apparent in times like these when our communities are facing unpredictable and unprecedented challenges. The outbreak of COVID-19 impacts each person’s mental wellbeing in different ways: some may feel anxious, stressed, or fearful while others may feel ambivalent or even frustrated. And still others will experience compounding effects based on mental illnesses they are already navigating in their everyday lives. LifeStream is here for our community as a resource and a partner. Currently our facilities are operational, and we are taking proactive steps to keep our consumers and staff safe while meeting the critical needs of our community.

As the behavioral health care provider serving our communities for over 49 years, we are dedicated to supporting you and your mental health during this unprecedented time. We are committed to being a source of strength, stability and service. We continue to act with responsiveness and responsibility. We will meet this moment with a deep sense of accountability to each other. Even as “social distancing” becomes the new normal, it is the principle of community and a feeling of connectedness that drives us.

Crisis services will remain available 24/7 at our Access Centers located in Lake and Citrus Counties. If you are in crisis, please call our hotline at **1-866-355-9394**.

We have also set up a hotline for LifeStream staff as well at the community to call if you have questions about services, or just feel you need someone to speak to. That number is: **352-408-6625**. You can find more detailed information by visiting our website at www.lsbcb.net or follow us on Facebook.

You are not alone---reach out if you need support