



APRIL 2, 2020 CORONAVIRUS UPDATE

Message from Our Executive Vice President

In accordance with Governor DeSantis' Executive "Stay at Home" Order addressing essential services, we want our community to know that LifeStream will continue operations as normal and we are accepting new consumers and meeting the needs of our existing ones via telehealth and telephone platforms. LifeStream has adapted by developing innovative ways to provide remote care for our community, ensuring that everyone receives needed services during this time of uncertainty. Starting on **April 3, 2020**, we will begin providing outpatient medication management, outpatient therapy and other clinical services **via telehealth and telephone exclusively**. Prior to your next appointment, LifeStream will contact you to make sure you have a way to connect with your provider.

Crisis Services

Crisis services remain available 24/7. If you are in crisis, please call our **24-hour crisis hotline at 866.355.9394**. LifeStream's Hospital, Access Centers, Crisis Units, Detoxification Units and Residential Programs will remain open; however, visitation and outside contact will be limited to protect the health of our staff and consumers.

24-Hour Helpline

Our Helpline is a way for individuals experiencing symptoms caused by stress, anxiety or depression due to COVID-19 to speak with a professional without committing to long term therapeutic support. The helpline is confidential. **24-Hour Helpline: 352.408.6625**

We don't know what tomorrow will bring, but please know that we are working diligently to develop and implement comprehensive plans that address how our organization will change its operations as the situation warrants. Daily, we are receiving more information and will continue to act accordingly.

As the community mental health center serving our community for over 49 years, we've experienced many crisis situations and are dedicated to supporting you and your behavioral health needs during this unprecedented time. Take care of yourself and your family by practicing the recommended social distancing. For many who have

anxiety, depression, OCD or any other behavioral health issue, the current situation can be very challenging. Therefore, taking care of yourself both physically and mentally is equally important. Thank you for your understanding during this time, and please visit our website for updates, resources and information at www.lsbc.net. We are also posting updates and information on our Facebook page. Please stay healthy.

Thank you,

A handwritten signature in black ink that reads "Rick Hankey". The signature is written in a cursive, slightly slanted style.

Rick Hankey
Executive Vice President
LifeStream Behavioral Center